Spiritual Mentoring

Hebrew Bible

Numbers 11:

11 Moses said to the LORD, “Why have you dealt ill with your servant? And why have I not found favor in your sight, that you lay the burden of all this people on me? 12 Did I conceive all this people? Did I give them birth, that you should say to me, ‘Carry them in your bosom, as a nurse carries a nursing child,’ to the land that you swore to give their fathers? 13 Where am I to get meat to give to this people? For they weep before me and say, ‘Give us meat, that we may eat.’ 14 I am not able to carry all this people alone; the burden is too heavy for me. 15 If you will treat me like this, kill me at once, if I find favor in your sight, that I may not see my wretchedness.” 16 Then the LORD said to Moses, “Gather for me seventy men of the elders of Israel, whom you know to be the elders of the people and officers over them, and bring them to the tent of meeting, and let them take their stand there with you. 17 And I will come down and talk with you there. And I will take some of the Spirit that is on you and put it on them, and they shall bear the burden of the people with you, so that you may not bear it yourself alone. 18 And say to the people, ‘Consecrate yourselves for tomorrow, and you shall eat meat, for you have wept in the hearing of the LORD, saying, “Who will give us meat to eat? For it was better for us in Egypt.” Therefore the LORD will give you meat, and you shall eat. 19 You shall not eat just one day, or two days, or five days, or ten days, or twenty days, 20 but a whole month, until it comes out at your nostrils and becomes loathsome to you, because you have rejected the LORD who is among you and have wept before him since you left Egypt.”"
him, saying, “Why did we come out of Egypt?” 21 But Moses said, “The people among whom I am number six hundred thousand on foot, and you have said, ‘I will give them meat, that they may eat a whole month!’ 22 Shall flocks and herds be slaughtered for them, and be enough for them? Or shall all the fish of the sea be gathered together for them, and be enough for them?” 23 And the LORD said to Moses, “Is the LORD’s hand shortened? Now you shall see whether my word will come true for you or not.” 24 So Moses went out and told the people the words of the LORD. And he gathered seventy men of the elders of the people and placed them around the tent. 25 Then the LORD came down in the cloud and spoke to him, and took some of the Spirit that was on him and put it on the seventy elders. And as soon as the Spirit rested on them, they prophesied. But they did not continue doing it. 26 Now two men remained in the camp, one named Eldad, and the other named Medad, and the Spirit rested on them. They were among those registered, but they had not gone out to the tent, and so they prophesied in the camp. 27 And a young man ran and told Moses, “Eldad and Medad are prophesying in the camp.” 28 And Joshua the son of Nun, the assistant of Moses from his youth, said, “My lord Moses, stop them.” 29 But Moses said to him, “Are you jealous for my sake? Would that all the LORD’s people were prophets, that the LORD would put his Spirit on them!”

New Testament
John 21:15-19

15 Οτὲ οὖν ἠρίστησαν λέγει τῷ Σίμωνι Πέτρῳ ὁ Ἰησοῦς, Σίμωνι Ιωάννου, ἀγαπᾷς με πλέον τούτων; λέγει αὐτῷ, Ναί, κύριε, σὺ οἶδας ὅτι φιλῶ σε. λέγει αὐτῷ, Βόσκε τὰ ἀρνία μου. 16 λέγει αὐτῷ δεύτερον, Σίμωνι Ιωάννου, ἀγαπᾷς με; λέγει αὐτῷ, Ναί, κύριε, σὺ οἶδας ὅτι φιλῶ σε. λέγει αὐτῷ τὸ τρίτον, Σίμωνι Ιωάννου, φιλεῖς με; ἐλυπήθη ὁ Πέτρος ὅτι εἶπεν α ὑπὸ τὸ τρίτον, Φιλεῖς με; καὶ λέγει αὐτῷ, Κύριε, πάντα σοῦ ἐστιν, σὺ γνώσκεις ὅτι φιλῶ σε. λέγει αὐτῷ ὁ Ἰησοῦς, Βόσκε τὰ πρόβατά μου. 17 ἀμὴν ἀμὴν λέγω σοι, ὅτε ἦσαν ἄνθρωποι, εξώνυμος εστίν καὶ περιπετείας ὑπὸ ἥθελεν ὅταν ἐλαύνῃ, ἐκτείνητος ὅταν ἦν ἄνδρας καὶ ὀφθήκει ὅταν ἦν θάλασσα. 18 τοῦτο δὲ εἶπεν σημαίνοντα ποιῶς ἔθηκε τήν θεάν, καὶ τοῦτο εἰπῶν λέγεια ὑπὸ, Ἀκολούθει μοι.

John 21:15-19

15 When they had finished breakfast, Jesus said to Simon Peter, “Simon, son of John, do you love me more than these?” He said to him, “Yes, Lord; you know that I love you.” He said to him, “Feed my lambs.” 16 He said to him a second time, “Simon, son of John, do you love me?” He said to him, “Yes, Lord; you know that I love you.” He said to him the third time, “Simon, son of John, do you love me?” Peter was grieved because he said to him the third time, “Do you love me?” and he said to him, “Lord, you know everything; you know that I love you.” Jesus said to him, “Feed my sheep. 18 Truly, truly, I say to you, when you were young, you used to dress yourself and walk wherever you wanted, but when you are old, you will...
stretch out your hands, and another will dress you and carry you where you do not want to go.” 19 (This he said to show by what kind of death he was to glorify God.) And after saying this he said to him, “Follow me.”

Qur’an

Surah Kahf (The Cave), 18:66-82
Surah Kahf (The Cave), 18:66-82

66 Moses said to him, 'May I follow you so that you can teach me some of the right guidance you have been taught?' 67 The man said, 'You will not be able to bear with me patiently. 68 How could you be patient in matters beyond your knowledge?' 69 Moses said, 'God willing, you will find me patient. I will not disobey you in any way.' 70 The man said, 'If you follow me then, do not query anything I do before I mention it to you myself.' 71 They travelled on. Later, when they got into a boat, and the man made a hole in it, Moses said, 'How could you make a hole in it? Do you want to drown its passengers? What a strange thing to do!' 72 He replied, 'Did I not tell you that you would never be able to bear with me patiently?' 73 Moses said, 'Forgive me for forgetting. Do not make it too hard for me to follow you.' 74 And so they travelled on. Then, when they met a young boy and the man killed him, Moses said, 'How could you kill an innocent person? He has not killed anyone! What a terrible thing to do!' 75 He replied, 'Did I not tell you that you would never be able to bear with me patiently?' 76 Moses said, 'From now on, if I query anything you do, banish me from your company — you have put up with enough from me.' 77 And so they travelled on. Then, when they came to a town and asked the inhabitants for food but were refused hospitality, they saw a wall there that was on the point of falling down and the man repaired it. Moses said, 'But if you had wished you could have taken payment for doing that.' 78 He said, 'This is where you and I part company. I will tell you the meaning of the things you could not bear with patiently: 79 the boat belonged to some needy people who made their living from the sea and I damaged it because I knew that coming after them was a king who was seizing every [serviceable] boat by force. 80 The young boy had parents who were people of faith, and so, fearing he would trouble them through wickedness and disbelief, 81 we wished that their Lord should give them another child — purer and more compassionate — in his place. 82 The wall belonged to two young orphans in the town and there was buried treasure beneath it belonging to them. Their father had been a righteous man, so your Lord intended them to reach maturity and then dig up their treasure as a mercy from your Lord. I did not do [these things] of my own accord: these are the explanations for those things you could not bear with patience.'