Food

Qur’an
The Bee 16:65-69

65 It is God who sends water down from the sky and with it revives the earth when it is dead. There truly is a sign in this for people who listen. 66 In livestock, too, you have a lesson—We give you a drink from the contents of their bellies, between waste matter and blood, pure milk, sweet to the drinker. 67 From the fruits of date palms and grapes you take sweet juice and wholesome provisions. There truly is a sign in this for people who use their reason. 68 And your Lord inspired the bee, saying, “Build yourselves houses in the mountains and trees and what people construct.” 69 Then feed on all kinds of fruit and follow the ways made easy for you by your Lord.” From their bellies comes a drink of different colours in which there is healing for people. There truly is a sign in this for those who think.

English translation: Abdel Haleem
8 “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. 9 But take care that this liberty of yours does not somehow become a stumbling block to the weak. 10 For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? 11 So by your knowledge those weak believers for whom Christ died are destroyed. 12 But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. 13 Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

English translation: NRSV
1 God blessed Noah and his sons, and He said to them: "Be fruitful and multiply and fill the earth. 2 Your awe and your dread shall be upon all the beasts of the earth, upon all the flying creatures of the heaven, upon everything that moves upon the ground and upon all the fish of the sea – they have been given into your hand. 3 Every moving thing that lives shall be for you to eat – like the green vegetation, I have given you everything. 4 But, flesh with its soul: its blood, you shall not eat. 5 But your blood, of your souls, I will demand [an account]; from the hand of every beast I will demand it, and from the hand of man; from the hand of each man, his brother, I will demand the soul of man. 6 Whoever sheds the blood of man through man shall his blood be shed, for in the image of God He made man. 7 And you, be fruitful and multiply; swarm upon the earth and multiply in it."

English translation: Chabad, revised by Rabbi Dr Harvey Belovski