



Spiritual Mentoring

Hebrew Bible

Numbers 11:

יא ויאמר משה אל יהוה למה הרעת לעבדך ולמה לא מצאתי חן בעיניך לשום את משה כל העם הזה עלי. **יב** האנכי הריתי את כל העם הזה אם אנכי ילדתיהו כי תאמר אלי שואהו בחיקך פאשר ישא האמן את הינק על האדמה אשר נשבעת לאבותיו. **יג** מאין לי בשר לתת לכל העם הזה כי יבכו עלי לאמר תנה לנו בשר ונאכלה. **יד** לא אוכל אנכי לבדי לשאת את כל העם הזה כי כבד ממני. **טו** ואם פכה את עשה לי הרגני נא הרג אם מצאתי חן בעיניך ואל אראה ברעתי. {פ}

טז ויאמר יהוה אל משה אספה לי שבעים איש מזקני ישראל אשר ידעת כי הם זקני העם ושטריו ולקחת אתם אל אהל מועד והתיצבו שם עמך. **יז** וירדתי ודברתי עמך ושם ואצלתי מן הרוח אשר עליך ושמת עליהם ונשאו אותה במשאה העם ולא תשא אותה לבדך. **יח** ואל העם תאמר התקדשו למחר ואכלתם בשר כי בכיתם באוני יהוה לאמר מי יאכלנו בשר כי טוב לנו במצרים ונתן יהוה לכם בשר ואכלתם. **יט** לא יום אחד תאכלון ולא יומים ולא תמשה ימים ולא עשורה ימים ולא עשורים יום. **כ** עד חדש ימים עד אשר יצא מאפכם והיה לכם לזרא וען כי מאסתם את יהוה אשר בקרבכם ותכבו לפניו לאמר למה זה יצאנו ממצרים. **כא** ויאמר משה שש מאות אלף רגלי העם אשר אנכי בקרבם ואתה אמרת בשר אתן להם ואכלו חדש ימים. **כב** הציא ובקר ישחט להם ומצא להם אם את כל דגי הים יאסף להם ומצא להם. {פ}

כג ויאמר יהוה אל משה הן יהוה תקצר עתה תראה היקר דברי אם לא. **כד** ויצא משה וידבר אל העם את דברי יהוה ויאסף שבעים איש מזקני העם ויעמד אתם סביבת האהל. **כה** וירד יהוה בענן וידבר אליו ויאצל מן הרוח אשר עליו ויתן על שבעים איש הזקנים ויהי כנות עליהם הרוח ויתנבאו ולא יספו. **כו** וישארו שני אנשים במחנה שם האחד אלדד ושם השני מידד ותנח עליהם הרוח והמה בכתבים ולא יצאו האהלה ויתנבאו במחנה. **כז** וירץ הנער ויגד למשה ויאמר אלדד ומידד מתנבאים במחנה. **כח** ויען והושע בן נון משרת משה מבחריו ויאמר אדני משה פלאם. **כט** ויאמר לו משה המקנא אתה לי ומי יתן כל עם יהוה נביאים כי יתן יהוה את רוחו עליהם.

Numbers 11:

11 And Moses said to the Lord, "Why have You dealt ill with Your servant, and why have I not enjoyed Your favor, that You have laid the burden of all this people upon me? 12 Did I conceive all this people, did I bear them, that You should say to me, 'Carry them in your bosom as a nurse carries an infant,' to the land that You have promised on oath to their fathers? 13 Where am I to get meat to give to all this people, when they whine before me and say, 'Give us meat to eat!' 14 I cannot carry all this people by myself, for it is too much for me. 15 If You would deal thus with me, kill me rather, I beg You, and let me see no more of my wretchedness!"

16 Then the Lord said to Moses, "Gather for Me seventy of Israel's elders of whom you have experience as elders and officers of the people, and bring them to the Tent of Meeting and let them take their place there with you. 17 I will come down and speak with you there, and I will draw upon the spirit that is on you and put it upon them; they shall share the burden of the people with you, and you shall not bear it alone. 18 And say to the people: Purify yourselves for tomorrow and you shall eat meat, for you have kept whining before the Lord and saying, 'If only we had meat to eat! Indeed, we were better off in Egypt!' The Lord will give you meat and you shall eat. 19 You shall eat not one day, not two, not even five days or ten or twenty, 20 but a whole month, until it comes out of your nostrils and becomes loathsome to you. For you have rejected the Lord who is among you, by whining before Him and saying, 'Oh, why did we ever leave Egypt!'" 21 But Moses said, "The people who are with me number six hundred thousand



men; yet You say, 'I will give them enough meat to eat for a whole month.' 22 Could enough flocks and herds be slaughtered to suffice them? Or could all the fish of the sea be gathered for them to suffice them?" 23 And the Lord answered Moses, "Is there a limit to the Lord's power? You shall soon see whether what I have said happens to you or not!" 24 Moses went out and reported the words of the Lord to the people. He gathered seventy of the people's elders and stationed them around the Tent. 25 Then the Lord came down in a cloud and spoke to him; He drew upon the spirit that was on him and put it upon the seventy elders. And when the spirit rested upon them, they spoke in ecstasy, but did not continue. 26 Two men, one named Eldad and the other Medad, had remained in camp; yet the spirit rested upon them—they were among those recorded, but they had not gone out to the Tent—and they spoke in ecstasy in the camp. 27 A youth ran out and told Moses, saying, "Eldad and Medad are acting the prophet in the camp!" 28 And Joshua son of Nun, Moses' attendant from his youth, spoke up and said, "My lord Moses, restrain them!" 29 But Moses said to him, "Are you wrought up on my account? Would that all the Lord's people were prophets, that the Lord put His spirit upon them!"

New Testament

John 21:15-19

¹⁵Οτε οὖν ἤρισθησαν λέγει τῷ Σίμωνι Πέτρῳ ὁ Ἰησοῦς, Σίμων Ἰωάννου, ἀγαπᾶς με πλέον τούτων; λέγει αὐτῷ, Ναί, κύριε, σὺ οἶδας ὅτι φιλῶ σε. λέγει αὐτῷ, Βόσκει τὰ ἀρνία μου. ¹⁶λέγει αὐτῷ πάλιν δεῦτερον, Σίμων Ἰωάννου, ἀγαπᾶς με; λέγει αὐτῷ, Ναί, κύριε, σὺ οἶδας ὅτι φιλῶ σε. λέγει αὐτῷ, Ποίμανε τὰ πρόβατά μου. ¹⁷λέγει αὐτῷ τὸ τρίτον, Σίμων Ἰωάννου, φιλεῖς με; ἐλυπήθη ὁ Πέτρος ὅτι εἶπεν αὐτῷ τὸ τρίτον, Φιλεῖς με; καὶ λέγει αὐτῷ, Κύριε, πάντα σὺοἶδας, σὺ γινώσκεις ὅτι φιλῶ σε. λέγει αὐτῷ [ὁ Ἰησοῦς], Βόσκει τὰ πρόβατά μου. ¹⁸ἀμὴν ἀμὴν λέγω σοι, ὅτε ἦς νεώτερος, ἐζώννυες σεαυτὸν καὶ περιεπάτεις ὅπου ἤθελες; ὅταν δὲ γηράσης, ἐκτενεῖς τὰς χεῖράς σου, καὶ ἄλλος σε ζώσει καὶ οἶσει ὅπου οὐ θέλεις. ¹⁹τοῦτο δὲ εἶπεν σημαίνων ποίῳ θανάτῳ δοξάσει τὸν θεόν. καὶ τοῦτο εἰπὼν λέγει αὐτῷ, Ἀκολούθει μοι.

John 21:15-19

¹⁵When they had finished breakfast, Jesus said to Simon Peter, "Simon, son of John, do you love me more than these?" He said to him, "Yes, Lord; you know that I love you." He said to him, "Feed my lambs." ¹⁶He said to him a second time, "Simon, son of John, do you love me?" He said to him, "Yes, Lord; you know that I love you." He said to him, "Tend my sheep." ¹⁷He said to him the third time, "Simon, son of John, do you love me?" Peter was grieved because he said to him the third time, "Do you love me?" and he said to him, "Lord, you know everything; you know that I love you." Jesus said to him, "Feed my sheep." ¹⁸Truly, truly, I say to you, when you were young, you used to dress yourself and walk wherever you wanted, but when you are old, you will stretch out your hands, and another will dress you and carry you where you do not want to go." ¹⁹(This he said to show by what kind of death he was to glorify God.) And after saying this he said to him, "Follow me."



Qur'an

Surah Kahf (The Cave), 18:66-82

قَالَ لَهُ مُوسَىٰ هَلْ أَتَّبِعُكَ عَلَىٰ أَنْ تُعَلِّمَنِي مِمَّا عَلَّمْتَ رُشْدًا (٦٦) قَالَ إِنَّكَ لَنْ تَسْتَطِيعَ مَعِيَ صَبْرًا (٦٧) وَكَيْفَ تَصْبِرُ عَلَىٰ مَا لَمْ تُحِطْ بِهِ خُبْرًا (٦٨) قَالَ سَتَجِدُنِي إِن شَاءَ اللَّهُ صَابِرًا وَلَا أَعْصِي لَكَ أَمْرًا (٦٩) قَالَ فَإِنِ اتَّبَعْتَنِي فَلَا تَسْأَلْنِي عَن شَيْءٍ حَتَّىٰ أَحْدِثَ لَكَ مِنْهُ ذِكْرًا (٧٠) فَأَنْطَلَقَا حَتَّىٰ إِذَا رَكِبَا فِي السَّفِينَةِ خَرَقَهَا قَالَ أَخَرَقْتَهَا لِتُغْرَقَ أَهْلُهَا لَقَدْ جِئْتَ شَيْئًا إِمْرًا (٧١) قَالَ أَلَمْ أَقُلْ لَنْ تَسْتَطِيعَ مَعِيَ صَبْرًا (٧٢) قَالَ لَا تُؤَاخِذْنِي بِمَا نَسِيتُ وَلَا تُرْهِقْنِي مِنْ أَمْرِي عُسْرًا (٧٣) فَأَنْطَلَقَا حَتَّىٰ إِذَا لَقِيَا غُلَامًا فَقَتَلَهُ قَالَ أَقْتَلْتَنِي نَفْسًا زَكِيَّةً بِغَيْرِ نَفْسٍ لَقَدْ جِئْتَ شَيْئًا نُكْرًا (٧٤) ﴿٧٥﴾ قَالَ أَلَمْ أَقُلْ لَكَ إِنَّكَ لَنْ تَسْتَطِيعَ مَعِيَ صَبْرًا (٧٥) قَالَ إِن سَأَلْتُكَ عَن شَيْءٍ بَعْدَهَا فَلَا تُصَحِّبْنِي قَدْ بَلَغْتَ مِن لَدُنِّي عُذْرًا (٧٦) فَأَنْطَلَقَا حَتَّىٰ إِذَا أَتَيَا أَهْلَ قَرْيَةٍ اسْتَطَعَمَا أَهْلُهَا فَأَتَوْا أَن يُضَيَّفُوهُمَا فَوَجَدَا فِيهَا جِدَارًا يُرِيدُ أَن يَنْقُضَ فَاقَامَهُ قَالَ لَوْ شِئْتَ لَتَّخَذْتَ عَلَيْهِ أَجْرًا (٧٧) قَالَ هَذَا فِرَاقُ بَيْنِي وَبَيْنِكَ سَأُنَبِّئُكَ بِتَأْوِيلِ مَا لَمْ تَسْتَطِعْ عَلَيْهِ صَبْرًا (٧٨) أَمَّا السَّفِينَةُ فَكَانَتْ لِمَسْكِينٍ يَعْمَلُونَ فِي الْبَحْرِ فَأَرَدَتْ أَن أَعْيِبَهَا وَكَانَ وَرَاءَهُمْ مَلِكٌ يَأْخُذُ كُلَّ سَفِينَةٍ غَصْبًا (٧٩) وَأَمَّا الْعُلَمَاءُ فَكَانَ أَبُوهُم مُّؤْمِنِينَ وَخَشِينَا أَن يُرْهِقَهُمَا طُغْيَانًا وَكُفْرًا (٨٠) فَأَرَدْنَا أَن يُبَدِّلَهُمَا رَبُّهُمَا خَيْرًا مِنْهُ زَكَوَةً وَأَقْرَبَ رَحْمًا (٨١) وَأَمَّا الْجِدَارُ فَكَانَ لِغُلَامَيْنِ يَتِيمَيْنِ فِي الْمَدِينَةِ وَكَانَ تَحْتَهُ كَنْزٌ لَهُمَا وَكَانَ أَبُوهُمَا صَالِحًا فَأَرَادَ رَبُّكَ أَن يَبْلُغَا أَشُدَّهُمَا وَيَسْتَخْرِجَا كَنْزَهُمَا رَحْمَةً مِّن رَّبِّكَ وَمَا فَعَلْتُهُ عَنْ أَمْرِي ذَلِكَ تَأْوِيلُ مَا لَمْ تَسْطِعْ عَلَيْهِ صَبْرًا (٨٢)

Surah Kahf (The Cave), 18:66-82

66 Moses said to him, 'May I follow you so that you can teach me some of the right guidance you have been taught?' 67 The man said, 'You will not be able to bear with me patiently. 68 How could you be patient in matters beyond your knowledge?' 69 Moses said, 'God willing, you will find me patient. I will not disobey you in any way.' 70 The man said, 'If you follow me then, do not query anything I do before I mention it to you myself.' 71 They travelled on. Later, when they got into a boat, and the man made a hole in it, Moses said, 'How could you make a hole in it? Do you want to drown its passengers? What a strange thing to do!' 72 He replied, 'Did I not tell you that



SCRIPTURAL REASONING

you would never be able to bear with me patiently?' 73 Moses said, 'Forgive me for forgetting. Do not make it too hard for me to follow you.' 74 And so they travelled on. Then, when they met a young boy and the man killed him, Moses said, 'How could you kill an innocent person? He has not killed anyone! What a terrible thing to do!' 75 He replied, 'Did I not tell you that you would never be able to bear with me patiently?' 76 Moses said, 'From now on, if I query anything you do, banish me from your company— you have put up with enough from me.' 77 And so they travelled on. Then, when they came to a town and asked the inhabitants for food but were refused hospitality, they saw a wall there that was on the point of falling down and the man repaired it. Moses said, 'But if you had wished you could have taken payment for doing that.' 78 He said, 'This is where you and I part company. I will tell you the meaning of the things you could not bear with patiently: 79 the boat belonged to some needy people who made their living from the sea and I damaged it because I knew that coming after them was a king who was seizing every [serviceable] boat by force. 80 The young boy had parents who were people of faith, and so, fearing he would trouble them through wickedness and disbelief, 81 we wished that their Lord should give them another child— purer and more compassionate— in his place. 82 The wall belonged to two young orphans in the town and there was buried treasure beneath it belonging to them. Their father had been a righteous man, so your Lord intended them to reach maturity and then dig up their treasure as a mercy from your Lord. I did not do [these things] of my own accord: these are the explanations for those things you could not bear with patience.'